

Your membership benefits

Your Next Level Prime membership includes primary care, urgent care, virtual care, wellness support, and the tests and supplies below.

Sign up with No Copay Medical Care. Next Level provides your care.

\$85

 per month

One family membership for up to eight people in the same home: you, your spouse and your children ages 0-25.

No copays or deductibles for included services

This is a healthcare membership, not health insurance. It helps you access everyday care. Services from outside providers are not covered under the membership.

In person	Primary, preventive, chronic and urgent care at participating Next Level clinics
Any time	Virtual care, available 24 hours a day
Added support	Emotional wellness counseling, health coaching, included labs, vaccines and medical equipment

Find what you need

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Getting care

Use the Next Level Urgent Care app to schedule care, message the care team and find a participating clinic.

Type of visit	How to use it
Primary, preventive and chronic care	Schedule an appointment. Booking ahead helps the clinic prepare the labs or vaccines you need.
Urgent care	Make an appointment or walk in. Membership does not move you ahead of other patients in line.
Virtual care	Appointments are required and are available day or night. Schedule through the app.

Clinic hours and locations

Clinics are open every day, 9 a.m. to 9 p.m. Prime members can use participating Next Level locations across Texas.

Find participating clinics in the Houston and Beaumont, Austin, San Antonio and Corpus Christi areas. Use the clinic directory for addresses and locations.

[Find a participating clinic](#)

Annual physicals

Schedule through the app. A Prime provider first completes a virtual intake, then arranges your in-person physical. Physical appointments are available from 9 a.m. to 9 p.m., seven days a week.

After hours or already have a doctor

Virtual care is available 24/7 through the Next Level Urgent Care app. You can also use Prime when your regular primary care provider is unavailable. Next Level can send your visit summary to that provider.



Primary and urgent care

Primary and preventive care

- Annual physicals, including well-man, well-woman and well-child exams
- Allergies
- Arthritis
- Asthma
- Blood draws
- Chronic disease management for diabetes, high blood pressure, high cholesterol and thyroid conditions
- Depression and anxiety
- Fatigue
- Headaches and migraines
- Medication refills
- Preventive screenings
- Specialist referrals
- Advanced imaging referrals
- Vaccinations and immunizations

Urgent care

- Abscesses
- Colds, flu, COVID and strep throat
- Ear infections
- Gastroenteritis (stomach illness)
- Headaches
- IV fluids for dehydration
- Pink eye
- Rashes
- Splints and casts for broken bones
- Sprains and strains
- Stitches for cuts
- Upper respiratory infections
- Urinary tract and yeast infections
- X-rays for acute injuries

Prescriptions and referrals

A refill visit can be included even though the medication itself is not included. A referral helps you reach another provider; it does not make the specialist visit or advanced imaging part of this membership.



Counseling and health coaching

Membership includes up to 12 emotional wellness counseling sessions and up to 12 health coaching sessions. Use the Next Level Urgent Care app to ask about scheduling and your available sessions.

Health and wellness coaching

Work with a coach on a practical plan that fits your life. Coaching focuses on habits, education and support, including:

- Nutrition, exercise and eating habits
- Behavior changes and body image
- Personalized goals and accountability
- Building healthy habits that last
- Support for long-term weight management
- A diabetes program

Included coaching has no additional membership charge. Medical providers can also address concerns such as depression, anxiety and attention deficit disorders.

Emotional wellness counseling

Support is available for different ages and life situations. The program includes:

- Children, adolescents, adults, couples and families
- Cognitive behavioral therapy
- Mindfulness therapy
- Relational therapy

Topics you can discuss

- Financial concerns, relationships and family dynamics
- Depression, anxiety and work stress
- Traumatic experiences and chronic health conditions

Changes worth discussing

- Fatigue or irritability
- Changes in appetite or sleep
- Less enjoyment of activities
- Isolation or increased worry

Getting support

Message the care team through the Next Level Urgent Care app to ask about these programs. When longer-term therapy is needed, Next Level refers members to outside behavioral health providers; outside care is separate from the membership.



Included lab tests

The membership includes CLIA-waived testing and the 35 additional tests below. Ask your care team which tests you need and how to prepare.

Common in-clinic tests

All CLIA-waived labs are included, such as these common point-of-care tests:

- Rapid strep
- Flu
- RSV
- Mono
- COVID
- Urinalysis
- Trichomonas
- Urine pregnancy

Additional included tests

- Amylase
- CBC
- CMP
- Folic acid
- Free T4
- FSH
- HCG quantitative
- Hemoglobin A1c
- Hepatitis B Antibody
- Hepatitis B surface antigen
- Hepatitis C Ab
- Hepatitis panel
- HIV screen
- Iron
- LH
- Lipase
- Lipid panel
- Liver panel
- Magnesium
- Microalbumin
- PSA
- Sedimentation Rate
- Testosterone for male
- Throat culture
- Thyroid panel with TSH
- Total estradiol
- Total T3
- TSH
- Uric acid
- Urine (w/creatinine)
- Urine Culture
- Vitamin B12
- Vitamin B12/folate
- Vitamin D
- Wound culture

Ask whether to fast and where to go. Confirm whether any other tests are included before having them done.



Vaccines and medical equipment

These vaccines, TB screening services and durable medical equipment are included. Ask your care team which items you need and what is available for your visit.

Immunizations and vaccines

- DTaP
- Flu shot (4 years and older)
- Flu shot (6 months-4 years)
- Hepatitis A (HepA)
- Hepatitis B
- Hib
- High-dose flu
- HPV
- Meningococcal B (Men B)
- Meningococcal (Menactra)
- MMR
- Pneumococcal
- Rotavirus
- Shingrix
- Td (tetanus)
- Tdap
- Varicella

Durable medical equipment

- Airgel ankle stirrup
- Game day ankle brace
- Universal wrist support
- Padded arm sling
- Crutches
- Lumbar support
- Neoprene hinged knee wrap
- Pneumatic walking boot
- Post-op shoe
- Slimline cast boot
- Thumb spica/wrist splint

TB screening

PPD/TB skin testing and an X-ray are included. These are screening services, not vaccines.

Plan ahead

Book preventive or chronic care in advance so the clinic can have the needed vaccines, lab supplies or other items on hand. Ask about age-specific vaccine recommendations and availability.



Optional weight loss program

Next Level Prime offers qualifying members access to a discounted weight loss subscription. This is a separately priced program; its subscription and medications are not included in the \$85 base membership.

What the program includes

- An individualized plan developed with a medical provider
- A virtual consultation to review your needs
- Initial lab work and follow-up visits to track progress
- Monthly follow-ups and progress monitoring
- GLP-1 medication delivered to your home
- Up to 12 additional sessions with health coaches
- Up to 12 additional sessions with emotional wellness counselors

Before you enroll

Ask the care team about eligibility, the current subscription price, the medication offered, delivery, follow-up care and any additional costs. A clinician can explain the available treatment options and whether the program is appropriate for you.

Coaching in the base membership

You can use the included health coaching sessions for nutrition, activity and sustainable habits without treating the optional medication subscription as part of the base membership.

Prescription savings

Prescriptions are not included in the base membership. The Next Level Urgent Care app offers a pharmacy benefits card with access to drug discounts. Ask the pharmacy about your actual price before filling a prescription.



Included and separate costs

No copays and no deductibles apply to included membership services. Use this comparison before arranging care outside the program.

Care or service	Membership status
Primary, preventive and urgent care	Included at participating Next Level clinics
Virtual visits	Included; available 24/7
Emotional wellness and health coaching	Included, up to 12 sessions of each type
Included labs, vaccines, TB screening and medical equipment	Included
X-rays for acute injuries	Included
Hospital and emergency room care	Not included
Surgery and specialist visits	Not included
Prescription medications	Not included in the base membership; a discount card is available
Outside lab work and imaging not included in the plan	Not included
Care outside participating clinics	Not included
Optional weight loss subscription	Separately priced; available to qualifying members

Check separate costs before care

Ask the provider or facility about charges for outside care, prescriptions and services not included in the membership. A specialist or imaging referral does not pay those outside bills. If you have insurance, ask whether the outside provider is in your plan's network.



Contacts and next steps

Keep these contacts handy for membership questions and help using your care benefits.

Join through No Copay Medical Care

Review your family details, available start dates and membership terms before enrolling. The family price is \$85 per month for up to eight eligible people in one home.

Sign-up and membership account help: [832-324-2750](tel:832-324-2750)

Online: NoCoplayMedicalCare.com

[Review options and sign up](#)

Use the app for care

Use the Next Level Urgent Care app to book appointments, access 24/7 virtual care and message the care team about your care benefits. The app also provides the pharmacy benefits card.

Before your first visit

- Confirm that your membership has started.
- Choose a participating clinic or book a virtual visit.
- Schedule preventive, chronic care and telemedicine visits in advance.
- Ask about preparation for labs, needed vaccines and any services with separate costs.

[Membership FAQs](#) | [Clinic directory](#)